

# Building Resilience and Leading in Crisis



Dane Hudson was an **international CEO** for over 25 years and is now one of the **most sought-after CEO mentors and speakers** in Asia Pacific. His real world experience in leading through multiple crises has enabled him to create a powerful keynote or workshop that helps your team build grit, resilience, and confidence under pressure.

Great leaders must be able to handle challenges, setbacks, and the accumulation of stress—because things go wrong **all** the time.

They need both **grit** and **resilience**, which are distinct yet complementary:

- **Grit** is passion and perseverance—the drive to keep pushing ahead. It is a deliberate action.
- **Resilience** is the ability to withstand adversity and bounce back. It is built over time through experience.

The **Building Resilience and Leading in Crisis** workshop was developed based on reflections and learnings from my own crises as a CEO. Some of these have included:

- Having a **handgun** placed on the table in front of me in a negotiation
- Receiving **death threats** to me and my family
- Managing **fatalities** in the workplace
- Leading as CEO of a **publicly listed company** when the share price dropped **97%**
- Overseeing **at least a dozen major company restructures**, each requiring the dismissal of over **25% of the workforce**

The keynote or workshop first identifies the **key leadership characteristics** that outstanding leaders use to **maximize their impact**. Using this reflection as a foundation, participants then explore strategies to **increase their resilience and effectiveness in times of crisis**. The key levers covered include:

- **Increasing awareness** of what is happening, how it is impacting your actions/behavior and what you can do to take back control
- **Creating space** to re-boot and be ready for the next challenge
- **Implementing more discipline** in your routine to deal with the complexity of multiple stakeholders in your life; where you are also a major stakeholder
- **Building confidence in yourself** through positive reflection (**be your own biggest cheerleader**)
- Doing the things that **give you joy**
- Engaging a **support network** (**make your partner your partner**, LT, coach, or mentor)

## Who benefits from this keynote:

This workshop is designed for CEOs, C-level leaders and high-potential team members who drive change within your organization and who are at the front-line in times of crisis:

- Experienced leaders—even your strongest—will discover actionable strategies they can implement immediately with their teams.
- New leaders will appreciate the simplicity and practicality of these insights.
- High-potential team members will gain valuable insights into the key levers of impactful leadership, preparing them for when their time comes.